



**MAMA NGINA UNIVERSITY COLLEGE  
OFFICE OF STUDENT AFFAIRS AND OUTREACH**

**INTERNAL MEMO**

**FROM:** Chair Mentorship Committee

**DATE:** 1<sup>st</sup> February, 2024

**TO:** All Students

**REF:** MNUC/H-SA/MENTR/9/VOL1 (7)

**SUBJECT: ONE-ON-ONE MENTORSHIP OPPORTUNITY FOR ALL STUDENTS**

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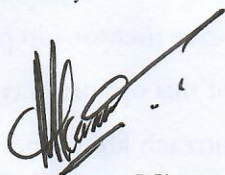
I refer to the above subject.

Mama Ngina University College is holding mentorship/Career week starting Monday 5<sup>th</sup> to Thursday 8<sup>th</sup> February, 2024. The mentorship/career week will be conducted through one-on-one mentorship provided by the following staff members in their offices as per schedule. Kindly make use of this opportunity. Should you have a different area of interest kindly let the office of Student Affairs and Outreach know and we shall connect you to the right mentor.

DAY	NAME OF MENTOR	GENDER	TIME	OFFICE	TOPIC
Tuesday	Mr. Elijah Maseno	M	12- 1PM	3 <sup>RD</sup> Floor 306	Academic Career Relationships Spiritual
Wednesday	Dr. Cyprian Ratemo	M	1 – 2PM	3 <sup>RD</sup> Floor	Academic Career Time Management
Tuesday	Jonah Gichuhi	M	1-3PM	3 <sup>RD</sup> Floor 307	Career Spiritual Time Management Stress Management Finances

Tuesday	Josephine Nkangi	F	10.00am -2.00Pm	Student Affairs	Relationships Time Management Stress Management
Monday	Charlene Wangari	F	3.30- 4.30	PRO 207	Career Relationships
Thursday	Anne Ndungu	F	1-3	Student Affairs	Relationships Spiritual
Thursday	Lilian Macharia	F	12- 2PM	Finance 206	Spiritual ,Academic, time management
Tuesday	Julia Kamau	F	12-1PM	Finance office	Career, Spiritual, Stress management
Monday	Dr. Maria Wacera	F	8- 3PM	Counselling office	Relationships Stress management

Thank you.



**Dr. Benson Mburu**  
**Mentorship Committee Chair**